

Independence Project for Young Adults

As a registered service provider for Essex County Council, Independence Project provides fun and supportive day care and day opportunities for young adults with learning disabilities and autism.

Hosting a fantastic base in the centre of Chelmsford, with its well equipped accessible kitchen, mini cinema and games area, our base provides the perfect enjoyable and safe environment. From here, our members access life skills training and explore a wide range of facilities and opportunities in the community, working with local services and education settings. Engaging in these activities, independence is at the very heart of what we set out to achieve for our members. Supporting life skills and real life experiences is what enables members to work towards their personal goals, whether that is employment, learning basic skills such as cooking and travelling, or building friendships and a social scene. Ultimately, to become fulfilled, independent and happy adults.

Alongside the Project, we established Independence Clubs CIC to offer members even more opportunities. These include an allotment space; Independence Journeys in the UK and abroad with trips such as the Latitude Festival, Disneyland and Spain; IndependDANCE club nights for a chance to enjoy live music and a safe clubbing experience; weekly social evenings and The Wash Club; for work based training and the opportunity of permanent employment.

Always striving to offer more support to our members, we have recently become a listed Individual Service Fund provider for Essex County Council. Through this innovative service we can work alongside people to manage their Personal Budget Fund giving them real choice and control in the way they are supported.

Independence Project for Ages 8+

Originally established as a service for young adults, we have extended our reach to support children and young people from ages 8+ as part of SEND Sensation CIC delivering Essex Short Breaks community clubs and activities in Mid and North Essex. Our mission to enable people with additional needs to achieve "independence" remains true; building confidence, social skills and self esteem, to support transitions through adolescence and adulthood - as well as being a lot of fun!

Working in partnership with local organisations such as NGU Dance, Chelmsford Community radio, and local schools; including Columbus School, Edith Borthwick and Market Fields College, we deliver an excellent range of after school, weekend and school holiday clubs. These sessions include activities such as swimming, cooking, arts and crafts, games, dance and even a broadcasted radio club! As with the adults, getting out and about in the community is key to building real life situations, so our Saturday club ensures the children and young people get to do that too; with trips to Ninja Warrior, Colchester Zoo, Diggerland and more!

We are extremely proud of our highly qualified, knowledgeable and experienced team of specialists and expert staff that have the passion and drive to offer the best care and support for our members. Together, as advocates and champions for people with disabilities, we strive to make a difference to the lives of people and their families across Essex. We advocate for people's rights and have big ambitions for our members.

We strongly believe everyone deserves the opportunity to achieve independence!

W: www.independenceproject.co.uk
E: info@independenceproject.co.uk
T: 07880 645273