



# Is your child waiting for Autism Assessment? COME TO OUR FREE PARENT WORKSHOPS

28<sup>th</sup> November with Autism Central at The Lifehouse  
Hotel 10am until 12:30 Developing Communication and  
supporting sensory needs

3<sup>rd</sup> December online with 10am until 12:30 With Natalie  
Fernando, qualified counsellor Emotional resilience for parents  
of children with SEND

24<sup>th</sup> January with Proactive Training at Colchester  
Football Stadium 10am until 2pm (lunch provided)  
Understanding and Managing Your Child's Responses

28<sup>th</sup> January 25 with Autism Central at Manor Of Groves  
High Wych 10am until 12 Developing Communication and sup-  
porting Sensory needs

31<sup>st</sup> January with Proactive Training at Holiday Inn  
Brentwood 10am until 2pm (lunch provided)  
Understanding and Managing Your Child's Responses

27<sup>th</sup> February with Proactive Training at The Pier Har-  
wich 10am until 2pm (lunch provided)  
Understanding and Managing Your Child's Responses

Visit <https://www.essexsendiass.co.uk/> for enquiries or  
to book a place.

Visit <https://shortbreaks.essex.gov.uk/> for days out and  
activity days.